

This year it's a different flu season!



Think you are sick with the flu?
**Do you have a fever, cough,
muscle ache, extreme fatigue,
or sore throat?**

- STEP 1** – Use the self-assessment tool at www.ontario.ca/flu to help you decide if you need medical attention.
- STEP 2** – If the assessment tool recommends you get medical attention or if your symptoms get worse:
- First call **Telehealth** at **1-866-797-0000**
 - If Telehealth suggests it, call your doctor's office for an appointment or go to a walk-in clinic
- STEP 3** – If you are not able to see your doctor or a doctor at a walk-in clinic, visit one of the Region's Flu Assessment Centres. At these centres, your flu-like symptoms will be assessed by a doctor who may prescribe medication to you if needed. **The H1N1 vaccine will not be given at the flu assessment centres.**

Brampton

Opens Thursday, Nov. 12 • 7 days a week: 3 – 10 p.m.

Century Gardens Community Centre • 340 Vodden St. E. at Rutherford Rd.

* **Please note:** Centres may close early, in the event of long waiting times, in order to see all patients by 10 p.m. Please check our website www.peelregion.ca or call **905-799-7700** for updates on centre closures.

If you have extreme shortness of breath, chest pain, prolonged fever, continuous vomiting or severe diarrhea, go immediately to the emergency department of your nearest hospital.

For more information, call Peel Public Health at **905-799-7700** or visit www.peelregion.ca. Caledon residents call toll free at **905-584-2216**.